

SUIS

Please read each of the following descriptions and indicate the degree to which each is appropriate for you. Do not spend a lot of time thinking about each one, but respond based on your thoughts about how you do or do not perform each activity. If a description is always completely appropriate, please write “5”; if it is never appropriate, write “1”; if it is appropriate about half of the time, write “3”; and use the other numbers accordingly.

- _____ 1. When going to a new place, I prefer directions that include detailed descriptions of landmarks (such as the size, shape and color of a gas station) in addition to their names.
- _____ 2. If I catch a glance of a car that is partially hidden behind bushes, I automatically “complete it,” seeing the entire car in my mind’s eye.
- _____ 3. If I am looking for new furniture in a store, I always visualize what the furniture would look like in particular places in my home.
- _____ 4. I prefer to read novels that lead me easily to visualize where the characters are and what they are doing instead of novels that are difficult to visualize.
- _____ 5. When I think about visiting a relative, I almost always have a clear mental picture of him or her.
- _____ 6. When relatively easy technical material is described clearly in a text, I find illustrations distracting because they interfere with my ability to visualize the material.
- _____ 7. If someone were to tell me two-digit numbers to add (e.g., 24 and 31), I would visualize them in order to add them.
- _____ 8. Before I get dressed to go out, I first visualize what I will look like if I wear different combinations of clothes.
- _____ 9. When I think about a series of errands I must do, I visualize the stores I will visit.
- _____ 10. When I first hear a friend’s voice, a visual image of him or her almost always springs to mind.
- _____ 11. When I hear a radio announcer or DJ I’ve never actually seen, I usually find myself picturing what they might look like.
- _____ 12. If I saw a car accident, I would visualize what had happened when later trying to recall the details.

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